

ARUN DISTRICT COUNCIL

REPORT TO AND DECISION OF ENVIRONMENT & LEISURE WORKING GROUP ON 27 FEBRUARY 2020

PART A : REPORT

SUBJECT: Local Community Network Developments in the Arun District

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DATE: January 2020
EXTN: 37835
PORTFOLIO AREA: Community Wellbeing

EXECUTIVE SUMMARY: Local Community Networks (LCNs) have in existence across the Coastal West Sussex Clinical Commissioning Group (CCG) area since 2016. Each is comprised of health providers, the Community and Voluntary Sector, education and local authorities. Members of LCNs come together as partners with the ambition of developing a shared understanding of the challenges faced by their local populations and to establish a more joined up approach to enabling improvements in health and wellbeing. This report informs members of the progress made by the Arun District LCNs and development of the LCN model.

RECOMMENDATIONS:

The Environment & Leisure Working group is recommended to note this report.

1.0 BACKGROUND:

- 1.1 Local Community Networks were launched across Coastal West Sussex in 2017 as a central part of the ambitions set out in the “Coastal Care: Inspiring Healthier Communities Together” Plan.
- 1.2 LCNs were viewed as the “place based” building blocks of the operating model that would transform services from illness centred and fragmented to a more joined up system approach where partners, including communities themselves, worked together to improve the health and wellbeing of their population by focusing on prevention.
- 1.3 The model brought together health providers, commissioners, District and County Councils and the community & voluntary sector as aligned partners and identified four priority programmes of work:
- Developing the LCNs in their places
 - Prevention
 - Frail and Ageing Population
 - Urgent Care

2.0 LCN Progress in the Arun District

2.1 At the implementation stage of the LCN model two LCNs were created in the Arun district; the Regis LCN formed around the 9 GP practices in the Bognor Regis area and the REAL LCN, formed around the five GP practices across Rustington, East Preston, Angmering and Littlehampton.

2.2 The initial focus for LCNs was to address the four priorities identified above, alongside working to develop relationships and trust with partners, a shared understanding of the challenges faced by their population and the resultant impacts. Both LCNs made good progress and further developed an appreciation that working together presented options not available where partners worked in isolation.

2.3 Taking the life course approach of “Start well, live well, age well” adopted by the West Sussex Health and Wellbeing Board, and focusing on their priorities, this partnership approach has underpinned the work both LCNs who have undertaken to deliver the following projects:

- Shared pathways and processes between primary care, Sussex Community NHS Foundation Trust and Sussex Partnership Foundation Trust to support the most frail and vulnerable in the community to maintain optimum health and independence, and as appropriate proactively plan the treatment individuals wish to receive up to and at the end of their life.
- Work with Public Health and young people across Arun to provide a better understanding of their needs in relation to their wellbeing and safety, to understand the gaps in support available to them and where future investment could be targeted. This report has helped to inform a pilot project working to address youth violence and exploitation.
- Schools and Primary Care working together to develop communication pathways that enable more joined up help for young people who are struggling.
- A partnership between GP Practices in Regis and Sussex Partnership Foundation Trust providing access to Mental Health Workers in GP Practices, supporting early intervention.
- Social Prescribing services developed and delivered in partnership with Community and Voluntary Sector; the REAL Practices work with Citizen’s Advice and the Regis Practices with Age UK West Sussex. These services were set up ahead of the funding for social prescribing attached to the NHS Long Term plan and enable GPs to refer individuals presenting to them with issues that are rooted in the wider determinants of health on to a social prescriber. The social prescriber then works with the individual to identify their issues in order to connect them to services in the community that can help. Common reasons for referral include debt, housing, social isolation and indications are that early identification and intervention is delivering benefit.
- Both LCNs have care homes forums that bring together professionals from different organisations for joint education sessions and networking opportunities. This

promotes a more joined up approach and shares best practice which benefits the both services and the residents in their care.

- The Regis Big Event held in March 2019 at the Arun Leisure Centre and organised by the Regis Community Board. The event brought together a range of organisations from across the community with the aim of improving wellbeing by promoting self-care and encouraging individuals to be more active. There were 38 stands on the day, which included Freedom Leisure, Arun Wellbeing, Arun & Chichester Citizens Advice, St Wilfred's Hospice, Dementia Support – Sage House, Carers Health Team, Foodbanks, Southern Water and the Prevention Assessment Team. The event was well attended and well received, and a further event is planned for 2020.

3.0 The Future of LCNs

3.1 By 2019, the NHS landscape had changed with Coastal Care being replaced with the Sustainability & Transformation Partnership and following the publication of the NHS Long Term Plan (January 2019), Primary Care Networks (PCNs) were introduced. As a result, and based on learning to date, the LCN model was reviewed to confirm an appropriate ongoing strategic alignment and purpose, and to ensure the model made efficient use of all partners time and resources.

3.2 The review confirmed that:

- LCNs are of a scale that provide an intermediate place-based community network, best placed to work on a District Council footprint
- They are comprised of the Health, Care, County Council, District Council, schools and Voluntary & Community Sector organisations
- LCNs build genuine partnerships between members and create opportunities for more joined up working
- LCN's focus on prevention and early intervention with the aim of improving the health and wellbeing of the resident population and use the West Sussex Joint Health & Wellbeing Strategy as their framework for delivery

3.3 LCNs are also clarified as being distinct from Primary Care Networks (PCNs), with PCNs being groups of GP Practices working together at scale under a PCN Network Agreement and in partnership with the local SCFT Community Nursing Service to deliver an integrated and high-quality community health service. LCNs include PCNs as key members (see Figure 1).

Figure 1 Local Community Network Members



3.4 The major change instigated following the review was to move from seven to five LCNs which are coterminous with District Council boundaries, the rationale being that the existing LCNs footprints based around groupings of GP Practices were too small and resulted in significant numbers of partners attending duplicate meetings in their locality. The move to District Borough geographies while requiring changes for some LCNs has successfully addressed this issue.

4.0 The Future for Arun District LCNs

4.1 The impact of the move to five LCNs in West Sussex has meant that the Regis LCN and the REAL LCN merged in the autumn of 2019 to form the Arun District LCN, based on to the Arun District Council geography. While this has involved change it has been a relatively smooth process as some projects were already working together (Young People wellbeing & safety work) or were sharing learning (social prescribing) and in both LCNs a significant number of partners were already familiar with each other as they attended both LCN meetings. A review of the amalgamated membership demonstrates wide engagement across key organisations and services:

- Primary Care
- Arun District Council, Wellbeing Team
- West Sussex County Council (WSCC), Adult Social Care, Early Help, Public Health
- Western Sussex Hospital NHS Foundation Trust (WSHFT)
- Sussex Partnership NHS Foundation Trust (SPFT)
- Sussex Community NHS Foundation Trust (SCFT)
- Patient representatives
- Voluntary & Community Sector: MIND, Age UK West Sussex, Citizens Advice; wider Community & Voluntary Sector engagement supported by Voluntary Action for Adur & Chichester
- Schools

4.2 The newly formed LCN as part of its launch reviewed its population data alongside partners' intelligence around the current challenges faced by residents; this

identified the “Starting Well” element of the life course as a priority. Partners will therefore shortly begin to explore how they might work together to improve outcomes for children, young people and families. This work will build on work undertaken to date and will make explicit links to the West Sussex Joint Health & Wellbeing Strategy.

5.0 Engagement with people and communities

- 5.1 Both LCNs in the Arun District had developed their means to engage people and their local communities. Regis established the Regis Community Board with representation from each of the GP practices Patient Participation Group (PPG); REAL LCN developed the REAL Patient Group with representation from each of the Practice PPGs. A member from each of these groups attends the newly merged LCN meeting to represent the voices of patients and communities.
- 5.2 Both groups have held events to support engagement with their communities. Regis Community Board held the previously mentioned Regis Big Event, which included a video booth and sandwich board for individuals to record their feedback. REAL Patient Group held several well attended public meetings at the Windmill Entertainment Centre to engage local people with changes to the NHS and provide opportunities for people to ask questions to local GPs and health leaders.
- 5.3 LCNs recognise that engagement with local people and communities is vital to their success going forwards. Future work will build on the success of PPG engagement and will involve the LCN exploring how it can reach out to other groups (i.e. schools, faith leaders, community groups) to further develop the model of engagement and continue to build vital relationships with communities.

6.0 Involvement of Arun District Council

- 6.1 The momentum for LCNs development was born out of recognition from the local health and care system to that it needed to challenge itself to work differently. Each of the District Councils across Coastal West Sussex is engaging and supporting this work, alongside Public Health, WSCC and the Community & Voluntary Sector.
- 6.2 The support the Arun LCNs receives from the Arun Wellbeing Team is excellent and highly valued. They have supported events, hosted meetings and have worked to illuminate for partners the range of services (both commissioned and core to the Councils) that have a real impact on health.
- 6.3 In summary, the opportunity to bring Arun District LCN partners together to think about their place has fostered new relationships and trust and a growing, shared understanding of their local system resources, gaps and challenges. This more joined up approach is beginning to make a difference in their place and for their residents as evidenced by the projects described in this report.

7.0 Presentation

7.1 The Arun District LCN will provide a presentation to bring to life some of the areas of focus and the Prevention Programme. They are keen to listen and engage with Members about this work and consider ways in which Members, as community leaders, can help to drive this work forward in our communities.

8. PROPOSAL(S):
The Environment & Leisure Working Group is recommended to note this report.

9. OPTIONS:
The Environment & Leisure Working group may choose to note this report or propose an alternative option.

10. CONSULTATION:

Has consultation been undertaken with:	YES	NO
Relevant Town/Parish Council		✓
Relevant District Ward Councillors		✓
Other groups/persons (please specify)		

11. ARE THERE ANY IMPLICATIONS IN RELATION TO THE FOLLOWING COUNCIL POLICIES: (Explain in more detail at 6 below)

	YES	NO
Financial		✓
Legal		✓
Human Rights/Equality Impact Assessment		✓
Community Safety including Section 17 of Crime & Disorder Act		✓
Sustainability		✓
Asset Management/Property/Land		✓
Technology		✓
Other (please explain)		

12. IMPLICATIONS:

13. REASON FOR THE DECISION:
Information paper

14. BACKGROUND PAPERS:
5 June 2018 [Local Community Network](#)